City of Charles Sturt Public Health Plan

2020 - 2025

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Overview

The South Australian Public Health Act 2011 (the Act) commenced in 2012 and replaced the South Australian Public and Environmental Health Act 1987. Its primary aim is to promote and protect public health and reduce the incidence of preventable disease, injury and disability in South Australia. The Act identifies local Council as the Public Health Authority and requires the Authority to develop a Regional Public Health Plan.

The City of Charles Sturt has a vital role in protecting and promoting the health and wellbeing of our local community. In addition to the statutory obligations, Council delivers a range of core functions and services that influence our community's health and wellbeing. This Public Health Plan identifies those core functions and provides a framework to enhance the understanding of public health priorities for the City, consequently supporting improved public health and wellbeing outcomes for our Community.

Protecting, promoting and improving public health requires a combined effort from local, state and commonwealth governments, private and non-government providers and the community. It also requires action at social, economic and environmental levels. Council, as defined by the Act, has a role to advocate, regulate, directly deliver and partner with other parties where appropriate.

This is the second Public Health and Plan for the City of Charles Sturt. It has been developed to align with Council's other plans, strategies, by-laws, policies, programs and services. In addition, each program, service and strategic driver for the City of Charles Sturt has also been aligned to the State Public Health Plan (SPHP) 2019 – 2024 and its vision for "A healthy, liveable and connected community for all South Australians."

The State Public Health Plan's vision is supported by the following 4 strategic priority areas:

- Promote: Build stronger communities and healthier environments
- Protect: Protect against public and environmental health risks and respond to climate change
- Prevent: Prevent chronic disease, communicable disease and injury
- Progress: Strengthen the systems that support public health and wellbeing

Scope and Context of this plan – Understanding Public Health

The intention of this plan is to protect and promote public health holistically and proactively. This plan is focussed on the prevention at a population level, rather than the treatment of disease or assessment of individual health care needs. It is important that this scope is understood so as not to create unrealistic expectations of Council's role in this field. It is critical to the success of this Plan, and ultimately the health and wellbeing of our community, that emerging public health risks, such as new disease outbreaks and pandemics, are identified and supporting mechanisms that Council can deliver, or support their delivery by other agencies, are proactively identified throughout the life of this Plan.

The South Australian Public Health Act 2011 (the Act) defines Public Health as follows:

Public Health is the health of individuals in the context of the wider health of the community.
It involves a combination of policies, programs and safeguards designed—

(a) to protect, maintain or promote the health of the community at large,
(b) to prevent or reduce the incidence of disease, injury or disability within the community.

To further demonstrate and put some context around this meaning, the SPHP describes public health as follows:

Public Heath is what we do collectively as a society to create the conditions and environments that enable health and wellbeing. Public health touches the lives of South Australians every day, protecting and promoting health and wellbeing.

The following are examples of public health in action ads summarised within the State Public Health Plan;



Public health is about everyone working together to achieve our vision for a healthier South Australian community.

Determinants of Public Health

There are several social, economic and environmental (natural and built) factors that influence public health and wellbeing. This is illustrated in the diagram below that identifies the framework for the determinants of health and wellbeing. Addressing these determinants of health requires a partnership approach with a broad range of activities from both government and non-government agencies.



Diagram 1: A framework for determinants of health ¹

Legislative Context

Section 37 of the South Australian Public Health Act confers the following functions on Council:

(1) A council is the local public health authority for its area.

(2) In connection with subsection (1), the following functions are conferred on a council by this Act:

(a) to take action to preserve, protect and promote public health within its area;

(b) to cooperate with other authorities involved in the administration of this Act;

(c) to ensure that adequate sanitation measures are in place in its area;

(d) insofar as is reasonably practicable, to have adequate measures in place within

its area to ensure that activities do not adversely affect public health;

(e) to identify risks to public health within its area;

(f) as necessary, to ensure that remedial action is taken to reduce or eliminate adverse impacts or risks to public health;

(g) to assess activities and development, or proposed activities or development, within its area in order to determine and respond to public health impacts (or potential public health impacts); and

(h) to provide, or support the provision of, educational information about public health and to provide or support activities within its area to preserve, protect or promote public health.

Further, section 51 of the Public Health Act requires Local Government to develop a Regional Public Health Plan (the plan) for the City. The plan must:

- Assess state of public health in its region;
- Identify existing and potential public health risks and provide strategies to address;
- Identify opportunities and outline strategies to promote public health;
- Address any issues specified by the Minister;
- Include information as to the state and condition of public health in the Council area and related trends;
- Include information on environmental, social, economic and practical considerations relating to public health within the Council area; and
- Address/be consistent with intergovernmental agreements specified by the Minister.

The plan must be reported on every 2 years and reviewed every 5 years.

Our City and People

The City of Charles Sturt is situated west of the Central Business District of Adelaide, South Australia extending to the coast. The area is characterised by a mix of residential, industrial and commercial land uses. The City has a high proportion of older people and is particularly culturally and linguistically diverse. The following presents some of our community's key population statistics.

Please see (<u>http://www.atlasesaustralia.com.au/LGASA/Profiles/Charles_Sturt.pdf</u>) for a detailed breakdown of the population profile for the City of Charles Sturt.

OUR PEOPLE

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50.8% are over 40 49.1% are under 40 2.6% are above the State life expectancy age

BIRTHPLACE AND ENGLISH PROFICIENCY



66.9% high English proficiency

Population = 117,382

- 21.4% born overseas in Non-English speaking countries (25% above state average)
- 4.1% born overseas and reported to have poor proficiency in English (46% above state average)

OUR COMMUNITY



• 12.3% of our community provided unpaid assistance to family or friends with a long term illness, disability or problems relating to old age

 5.8 % of our community is living with a profound or severe disability (Adelaide metro average is 5.2%)

SOCIO ECONOMIC INDEX



- 985 = Index of Relative Socio Economic Disadvantage (IRSD) – Consistent with Metro Adelaide (989)
- 6% Unemployment beneficiaries (0.3% below Adelaide metro)
- 7.2% Mortgage Stress (1.3% below Metro Adelaide)

CHILDHOOD IMMUNISATIONS



- At 1 year of age 94.5% of children received full rate of immunisations (0.5% above Adelaide metro)
- 92.8% of children aged 1 to 5 years old received their full set of immunisations (1% below Adelaide metro)

HOW OUR COMMUNITY FEELS





HOW OOK COMMONT FEELS

- 90% of community rated the City of Charles Sturt as a great place to live
- 97% of residents could seek help in an emergency from a friend, neighbour or family member.

Personal Health and Wellbeing for the City of Charles Sturt

The summary below identifies key health issues within the City of Charles Sturt. Please see <u>https://atlasesaustralia.com.au/LGASA/Profiles/Charles Sturt.pdf</u> for a detailed population health profile for the City of Charles Sturt. The profile contains a selection of indicators of public and population health and their determinants.

Personal Health and Wellbeing summary for the City of Charles Sturt Health and Stress 17.3% of population self-assess their health as fair or poor compared to 15.3% in Metro Adelaide. 13.2% of our total population have high or very high levels of psychological distress compared to 13.9% in Metro Adelaide • 4.2% of our population has type 2 diabetes - 2% below average in Metro Adelaide Mental Health • 15.3% of Males affected - 9% below Metro Adelaide 17.3% of Females affected - 7% below Metro Adelaide 10.5% of deaths were as a result of suicide • 14% smoke Obesity 26% Males - 3% below Metro Adelaide

- 29% Females 3% below Metro Adelaide
- 66.2% of the population had no or low levels of physical exercise
- 49.6% of the population met their daily fruit consumption

Hospital Admissions and aged care

- Hospital admissions 4% below the Adelaide Metro
- 1.4% of adults experienced difficulty accessing healthcare 11% above Adelaide Metro
- 38.4% of HACC clients are living alone

Source: Population Health Profile of the Local Government Areas, Public Health Information Development Unit, 2019.

Summary of Public Health in the City of Charles Sturt

The City of Charles Sturt's population profile and detailed health and wellbeing indicators highlight a strong diversity of cultures within our community, and in particular, within the north-western suburbs of our City. Whilst the profile highlights that most residents of Charles Sturt are born in Australia, there are a large portion of the community born overseas and identify experiencing issues with English proficiency (46% above the Adelaide metropolitan average).

The population profile identified that residents of the City of Charles Sturt are generally widely accepting of other cultures. Although migration patterns can be difficult to predict, the current diversity indicates that migration in the community may continue to increase. As such, programs and services need to be flexible to accommodate future changes in migration patterns.

The Socio-Economic Index for the City of Charles Sturt varies significantly throughout the City. A low Socio-Economic score, representing the highest levels of disadvantage, was highlighted across the north-western suburbs with higher scores being reported within the more affluent suburbs in the vicinity of Fulham Gardens/ West Beach. This means that programs and services should be targeted to the identified suburbs which are at the greatest disadvantage.

Personal health and wellbeing of residents living in the City of Charles Sturt is equal to or higher than the metropolitan average in Adelaide. It should be recognised however that residents within the City self-rated their own health as fair to poor health. It is important to note the dataset identified that obesity and the mental health issues averaged lower throughout the City of Charles Sturt in comparison to the general Adelaide metropolitan area rated lower.

State Public Health Plan Priorities

That State's Public Health Plan's vision "A healthy, liveable and connected community for all South Australians" is supported by the following 4 strategic priority areas:

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State Public Health Plan –Priority 1 – PROMOTE
'Build stronger communities and healthier environments'
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Why is this important?

- The environments where we live, learn, work and play have a major influence on our physical, social and emotional health and wellbeing across the life course.
- Well-designated public spaces and developments make our communities more sustainable, safe, walkable, inclusive and accessible for all.
- Built environments protected from excessive noise, air pollution, environmental hazards and the risk of physical injury contribute significantly to our quality of life.
- Health and safe communities support mental wellbeing and ageing well by encouraging social connectedness, supporting others, volunteering and other forms of community participation.
- Improving local food environments can have a positive impact on the health and wellbeing of individuals and there are wider social, emotional and economic benefits for communities.
- Creating healthier environments in an optimum way to improve population health in an equitable way.
- Sustainable environments can reduce carbon footprint and contribute to healthier communities.
- Key public health risks, opportunities and emerging issues include:
 - Disability inclusion
 - Mental health and wellbeing
 - o Ageing well

State Public Health Plan – Priority 2 – PROTECT

'Protect against public and environmental health risks and respond to climate change'

Why is this important?

- We have healthy and safe communities due to the often unseen, but essential foundational public health services that protect us every day.
- Healthy living environments contribute to public health outcomes such as improved food safety and water quality and the safe, effective disposal of waste.
- State and local government work together to maintain the infrastructure and systems that protect the community against public and environmental health risks.
- Human health is improved through identifying and addressing the links with animal health and environmental health.

- The frequency and severity of extreme weather events such as floods, droughts, bushfires, storms and periods of extreme heat continue to increase. These events threaten the physical and mental health and wellbeing of our communities, especially vulnerable populations.
- Key public health risks, opportunites and emerging issues include:
 - Diseases that spread between animals and people and other infectious diseases
 - o Responding to the dynamic nature of the impacts of climate change
 - o Real time prescription monitoring of drugs of dependence
 - New food technologies
 - Diseases that may emerge or increase in prevalence with climate change
 - Changing food business models

State Public Health Plan – Priority 3 – PREVENT

'Prevent chronic disease, communicable disease and injury'

Why is this important?

- Preventable chronic and communicable diseases threaten our health, mental wellbeing and the productivity and vitality of our communities.
- Most illness and deaths in Australia are caused by chronic conditions, placing a high burden on individuals, their families and the health system.
- 80% of all heart disease, stroke and type 2 diabetes and 40% of cancers could be prevented if known risk factors were eliminated.
- Chronic disease share common risk factors; reducing these has a range of benefits for population health and wellbeing. Behavioural risk factors for chronic diseases are poor diet, physical inactivity, insufficient sleep, tobacco smoking and alcohol misuse.
- Nearly all Australian adults have at least one risk factor for chronic disease, with 50% of Australians having two to three.
- Prevention of chronic disease is cost effective, for example taking action to reduce illness associated to tobacco use, alcohol consumption and unhealthy eating alonewould save \$6 billion in National health care costs.
- There is an important relationship between mental health, chronic disease and injury. Chronic disease impacts our mental health and wellbeing and people with a mental health illness are at higher risk of developing a chronic disease.
- The Aboriginal population has a higher prevalence of chronic disease and the development of these diseases earlier in life compared to non-Aboriginal populations.
- Screening detects cancer before symptoms appear which increases the chances of successful treatment and improved survival.
- Many communicable diseases (such as hepatitis B, influenza and whooping cough) are preventable through public health initiatives including vaccination.
- Injury, including those from road traffic accidents, falls and poisoning have a major impact on our health and wellbeing. Injuries can affect people of all ages and leave many with serious disability, long-term conditions or contribute significantly to their mortality (especially in the aged) and have significant social and economic costs.

- Key public health risks, opportunities and emerging issues include:
 - o Obesity (especially in children)
 - Increasing prevalance of chronic conditions (including diabetes, heart disease and some cancers)
 - Antimicrobial resistance
 - Shigella outbreaks and occurrences of rheumatic fever, trachoma and ear disease in Aboriginal communities
 - o Sexually transmissible infections and persistence of Chlamydia
 - Advances in treatments for Hepatitis C offer an opportunity for Australia to achieve virtual elimination of this infection.

State Public Health Plan –Priority 4 – PROGRESS Strengthen the systems that support public health and wellbeing

Why is this important?

- Strengthening collaborative efforts across the health system and across government, non-government, business and the community will result in a planned and consistent approach to addressing public health issues.
- Partnerships are essential to achieving improved health and wellbeing.
- It is essential that systems are in place to ensure that public health planning, policies and interventions are evidence based and informed by data.
- The key enablers, established by the first State Public Health Plan, strengthen the effectiveness, efficiency and quality of the public health system and include:
 - Partnerships and collaboration
 - Governance
 - o Surveillance, evaluation and research, reporting and communications
 - Workforce capacity

Community Plan 2016 - 2027

The City of Charles Sturt's Community Plan is a long-term strategic planning document. It is a statement of how the Council will work with our community to achieve our shared vision of a strong, connected community with exciting places, sustainable strategies and economic opportunity. The organisation will evolve this vision through innovative governance, colloboration, a highly empowered and engaged workforce and remaining committed to being a leading council in South Australia. The plan has been developed through both community consultation and internal collaboration. The plan recognises our regional alliances and considers the State Strategic Plan and the State Government's 7 key priorities. The Plan consists of 5 overarching community goals which articulate Council's vision. Each of the community goals are underpinned by a hierarchy of Council strategies, actions, policies and delivery plans.

- Our Livability
 - o Charles Sturt will continue to evolve as a destination of choice to live and visit.
- Our Leadership
 - We are passionate about delivering a progressive and high performing organisation.
- Our Environment
 - We are passionate about creating and leading a sustainable future for our Charles Sturt community.
- Our Economy
 - Charles Sturt will bring energy and vibrancy and continue to be the driving force behind the economic expansion in our community.
- Our Community
 - The way we live in Charles Sturt will be shaped by the energy and spirit of our community.

Alignment with the strategic priorities of the State Health Plan

Priority 1 - Promote Build stronger communities and healthier environments

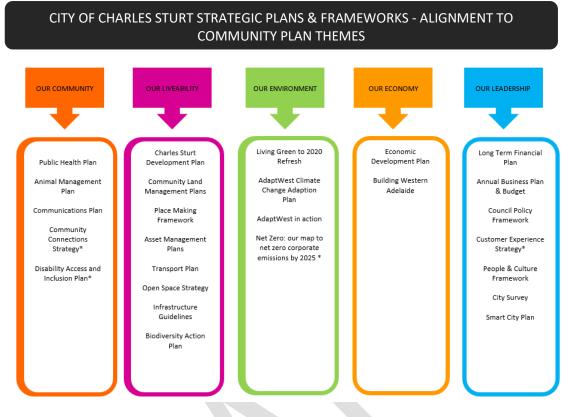
Priority 2 - Protect:

Protect against public and environmental health risks and respond to climate change

Priority 3 - Prevent: Prevent chronic disease, communicable disease and injury

Priority 4 - Progress:





* includes strategies that will be complete at finalisation of Community Plan

COUNCIL POLICIES AND BY-LAWS ALIGNED TO OUR CORPORATE PLAN

Policies

- Ageing in Charles Sturt
- Breast Feeding
- Children and Vulnerable Persons
- Commonwealth Home Support and State Home and Community Care Program Fees
- Community Gardens
- Community Care Consumer Rights
- Contaminated Site
- Customer Experience
- Development Act 1993 Delegations
- Dog and Cat Management
- Community Emergency Management
- Environmental Sustainability
- Gambling Awareness
- Hardship Policy for Residential Recycled Water Customers
- Healthy Food and Drink Choices
- Horses on the Foreshore
- Play Space

- Social Inclusion Tree and Streetscape
- Public Environment Smoke Free
- Community Verge Development
- Public Reserves for Commercial Fitness
 Activities
- Residential Waste and Recycling
- Youth

By-Laws

By-law no. 1 – Permits and Penalties

By-law no. 2 – Moveable Signs

By-law no. 3 – Local Government Land

By-law no. 4 - Roads

By-law no. 5 – Dogs and Cats

By-law no. 6 – Domestic Livestock

Management

Corporate Plan 2016 – 2020

health and wellbeing

The City of Charles Sturt's 2016 - 2020 Corporate Plan is Council's key planning document. The Corporate Plan is the second tier in Council's Strategic Planning Framework. It identifies the strategies to deliver Community Plan objectives and recognises goals for the 4-year period and includes success indicators. The City of Charles Sturt's Annual Report details performance and achievements for both Community and Corporate Plans.

Charles Sturt delivers a significant range of services for the community. 44 specialty business units each work to benefit the community and meet or exceed legislative requirements:

To view the full plan please see the following link:

http://mcp.charlessturt.sa.gov.au/emags/Corporate%20Plan/index.html#1

Priority 1 – Promote: Build stronger communities and healthier environments Priority 2 - Protect: Protect against public and environmental health risks and respond to climate change Priority 3 - Prevent: Prevent chronic disease, communicable disease and injury Priority 4 - Progress: Strengthen the systems that support public

Alignment with the strategic priorities of the State Health Plan

- Strategic Priority 1: A strong and connected community, accessible social infrastructure and services that engage our diverse community, capitalise on partnerships, build community resilience and sense of belonging. Create opportunities for community leadership and civic participation. Educate and regulate to enable a safe and healthy environment. Drive an integrated, responsive transport system and network.
- Strategic Priority 2: An urban environment that is adaptive to a changing and growing City. City assets and infrastructure are developed and well maintained on a strategic and equitable basis. Create valued urban places that bring people together and reflect local character and identity. Enhance the quality and diversity of open and public spaces.
- **Strategic Priority 3:** Lead and educate to reduce the City's impact on the environment and build resilience.
- **Strategic Priority 4:** Continue to implement climate change mitigation and adaptation solutions. Enhance the state of the City's environment and biodiversity.

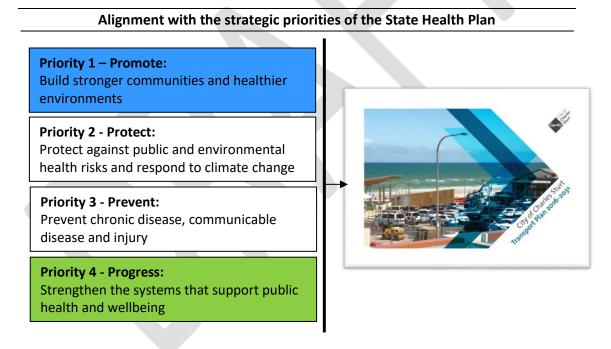
Transport Plan 2016 – 2031

The City of Charles Sturt's Transport Plan 2016 – 2031 was developed in response to changing circumstances of our population (age, wealth, health) and global impacts such as climate change and reducing access to the main fuel source for motor vehicle.

The City of Charles Sturt has experienced a growth of approximately 10,000 new residents in the 10 years between 2004 and 2014 to become one of the highest populated councils in South Australia. As the population of our Council continues to grow, it brings with it added pressure on our transport system and expectations from residents for continued improvements. Residents that have grown up with low volume streets have seen a progressive increase in traffic volumes in their area, which has led to a sharp increase in demands for local street treatments and community expectations to improve road safety and efficiency for the major transport network.

To view the full plan please see the following link:

https://www.charlessturt.sa.gov.au/ data/assets/pdf_file/0015/162411/CSS-Transport-Plan-2016-2031.pdf



- **Strategic Priority 1:** Improving road safety. Reducing the environmental impacts of the transport system.
- Strategic Priority 4: Providing a greater choice of travel modes.

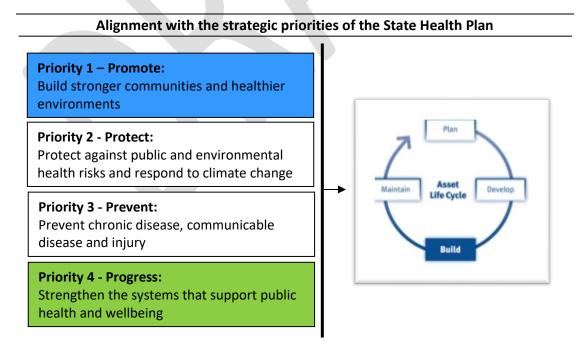
Asset Management Plans

The City of Charles Sturt's Asset Management Plans consists of the following 9 plans and provides a strategic approach to managing Council's infrastructure assets. Many of the assets ratepayers and visitors use are long-lived. This means they need careful planning to maintain acceptable service, useability and strategic maintenance and replacement.

This approach is described as of the Asset Management Lifecycle. Ensuring what is committed to, through capital works and other major projects, is aligned to key strategic plans and delivers maximum return on investment for ratepayers.

- Asset Management Plan Bridges
- <u>Asset Management Plan Bus Stops</u>
- Asset Management Plan Council Buildings
- Asset Management Plan Fleet Services
- <u>Asset Management Plan Information Technology</u>
- Asset Management Plan Open Space and Recreation infrastructure
- Asset Management Plan Paths
- <u>Asset Management Plan Roads</u>
- <u>Asset Management Plan Water Infrastructure</u>
- Asset Management Plan Public Lighting

Whilst these Asset Management Plans may not initially trigger a connection to our community's health and wellbeing, these assets and their effective management, is integral to supporting a well-supported community with well maintained facilities to enable community connectedness, transportation, recreation and public safety.



- **Strategic Priority 1:** Maintaining safe pedestrian access along roads, footpaths and open spaces. Maintenance of open space and recreational infrastructure.
- *Strategic Priority 4:* Sustainable maintenance of infrastructure within the city.

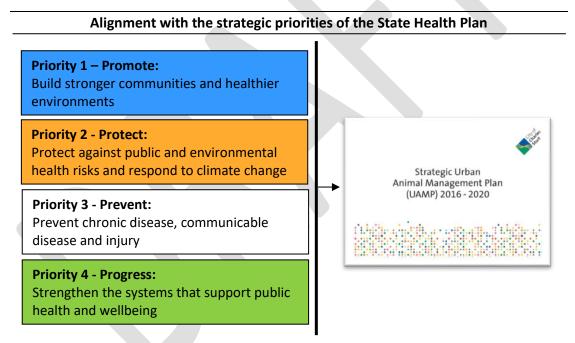
Strategic Urban Animal Management Plan 2016 -2020

The City of Charles Sturt Urban Animal Management Plan sets the direction for the management of urban animals within the community as required under the Dog and Cat Management Act 1995.

The plan includes actions and recommendations for achieving Council's strategic objectives and provides a sound basis and direction regarding domestic animal management. The plan has a particular focus on education and promotion priorities to aid in changing attitudes to result in an increase in responsible pet ownership within the community. At the same time Council must be proactive in investigating and implementing preventative measures where possible by providing encouragement, and where appropriate enforcement, to members of our community to comply with our policies and regulations.

To view the full plan please see the following link:

https://www.charlessturt.sa.gov.au/ data/assets/pdf_file/0027/160596/Strategic-Urban-Animal-Management-Plan.pdf



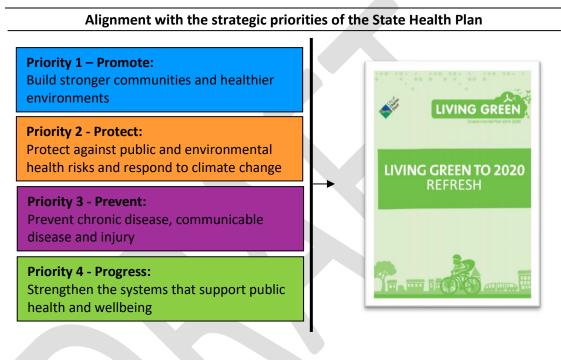
- **Strategic Priority 1:** Plan for growth of pet population within new developments and urban dense environments. To have healthy active pets and owners in our City.
- Strategic Priority 2: To educate the community on 'best' or 'recommended' urban animal management practices. To increase public safety through the reduction of public and environmental nuisance caused by animals. Manage potential impacts of animals on natural resources and un-owned cats on wildlife.
- *Strategic Priority 4:* Reduce dogs wandering at large.

Charles Sturt Environmental Plan – Living Green 2020

Living Green to 2020 is the City of Charles Sturt's Environmental Plan created in partnership with the community, staff and key stakeholders. The Plan assists in approaching environmental issues in partnership with the community.

To view the full plan please see the following link:

https://www.charlessturt.sa.gov.au/ data/assets/pdf_file/0024/159207/Final-Living-Green-to-2020-Refresh.pdf



- **Strategic Priority 1:** Advocate for environmental issues of importance to Council and its community.
- Strategic Priority 2: Actions listed within 'Our Liveability' including Council's role as a service provider and an advocator to the State and Commonwealth Governments to improve the way in which they deliver services to our region. In other cases, Council's role will be as a facilitator – informing our community to support positive environmental outcomes.
- Strategic Priority 3: Actions listed within Our Environment. The actions recognise the essential contribution from trees and open spaces to our community's wellbeing and the liveability of our city, including cooling and shading and for the habitat they provide for birds and fauna. The role of volunteers is touched on within this theme, and also referenced as part of the 'Our Community' theme.
- **Strategic Priority 4:** Actions listed within our Economy and our Leadership sections consider ways local businesses can make a difference and the approach in which Council communicates its own environmental impacts and achievements.

Open Space Strategy 2025

The Open Space Strategy 2025 will assist the City of Charles Sturt to strategically provide, develop and manage open space over the next 10 years. The Strategy has involved a review of Council's 2006 Open Space Strategy, while also giving consideration to current and future community needs (demand) on open space issues and opportunities (supply). The Strategy relates to all types of open space including recreation parks, sportsgrounds, linear open space, waterfront reserves, natural areas and other open spaces.

Enhancing quality of life through open spaces is the City of Charles Sturt's open space vision for the next 10 years.. The vision reflects the opportunity to positively contribute to the lifestyles of residents, workers and visitors through a commitment to enhancing the quality and diversity of open space and related facilities and by strengthening biodiversity and sustainability.

To view the full plan see the following link:

https://www.charlessturt.sa.gov.au/council/council-documents/plans-and-strategies/openspace-strategy

Alignment with the strategic priorities of the State Health Plan

Priority 1 – Promote: Build stronger communities and healthier environments

Priority 2 - Protect: Protect against public and environmental health risks and respond to climate change

Priority 3 - Prevent: Prevent chronic disease, communicable disease and injury

Priority 4 - Progress: Strengthen the systems that support public

health and wellbeing



- **Strategic Priority 1:** Improve the provision of open space in areas that are lacking usable parks and reserves. Provide a number of recreation destinations across the City.
- **Strategic Priority 2:** Strengthen biodiversity, ecosystems and natural settings. Enhance the quality and diversity of open space. Aim to achieve sustainable landscapes, water management and climate adaptation approaches.
- *Strategic Priority 3:* Strengthen the 'walkability' of the City of Charles Sturt through good open space connections within and beyond the City.
- **Strategic Priority 4:** Continue to provide and improve sport and aquatic facilities to cater for organised competitions and events. Achieve place making and the activation of open spaces. Achieve well managed and maintained open spaces.

Council Programs and Services

City Services Division

The City of Charles Sturt's *City Services Division* delivers a range of diverse services and programs directly to the community. The Division includes Community Connections (libraries and community services), Public Health and Safety (Environmental Health, Community Safety, Customer Contact and Immunisation), Urban Projects (economic development and placemaking) and the Planning and Development (Planning Assessment, Building and Development Compliance) Portfolios.

Alignment with the strategic priorities of the State Health Plan

Priority 1 – Promote: Build stronger communities and healthier environments

Priority 2 - Protect: Protect against public and environmental health risks and respond to climate change

Priority 3 - Prevent:

Prevent chronic disease, communicable disease and injury

Priority 4 - Progress:



State Public Heath Priority Areas	Examples of City Services Activities/Services
Priority 1	Planning and development services
	Supporting placemaking activities
	Economic development initiatives
	Community Development and Ageing Well services
	Environmental Health and Community Safety services
	Library Services
Priority 2	Environmental Health services
Priority 3	Environmental Health services
	Immunisation services
	Community Development and Ageing Well services
	Library services
Priority 4	Community Development and Ageing Well Services

Corporate Services

The Corporate Services Division within the City of Charles Sturt includes the Financial Services, Information Services, People and Culture, Governance and Operational Support and Marketing and Communications portfolios. The division predominately delivers internal services across the organisation.

Alignment with the strategic priorities of the State Health Plan

Priority 1 – Promote: Build stronger communities and healthier environments

Priority 2 - Protect:

Protect against public and environmental health risks and respond to climate change

Priority 3 - Prevent: Prevent chronic disease, communicable disease and injury

Priority 4 - Progress:



State Public Heath Priority Areas	Examples of Corporate Services Activities/Services	
Priority 1	Building stronger communities by connecting our residents and businesses with information and up to date services via our communication platforms including Kaleidoscope, e-newsletter, social media platforms and digital story telling	
Priority 2	Specific targets to rotate fleet vehicles to hybrids and electronic vehicles by 2023 and 2025	
Priority 4	Supporting public health and wellbeing by promoting the range of Ageing Well, Library and Community Connections services and projects we offer to enable our diverse communities via our communications platforms	

Council Programs and Services

Asset Management Services

The Asset Management Division within the City of Charles Sturt consists of the Engineering Strategy & Assets, Open Space, Recreation & Property and the Field Services portfolios. The division is responsible for the general maintenance of the city's infrastructure and instrumental in delivering and maintaining accessible open spaces for our community.

Alignment with the strategic priorities of the State Health Plan

Priority 1 – Promote: Build stronger communities and healthier environments

Priority 2 - Protect: Protect against public and environmental health risks and respond to climate change

Priority 3 - Prevent: Prevent chronic disease, communicable disease and injury

Priority 4 - Progress:



State Public Heath Priority Areas	Examples of Asset Management Services Activities/Services
Priority 1	Sustainability and Climate Change considerations included in Asset Management Plans
	Integrated asset management planning to include liveability measures and community needs
	Promote, plan and deliver healthy infrastructure and services.
	Advocate with state government department for improved public transport services.
Priority 2	Sustainability and Climate Change considerations included in Asset Management Plans
	Environmental and sustainable procurement.
	Investment in environmentally sustainable infrastructure
Priority 3	Promote, plan and deliver a safe and integrated transport network.
	Promote, plan and deliver active transport infrastructure.
	Sustainability and Climate Change considerations included in Asset Management Plans
Priority 4	Integrated asset management planning to include liveability measures and community needs
	Investment in environmentally sustainable infrastructure

Conclusion

The City of Charles Sturt has a vital role in protecting and promoting the health and wellbeing of its local community. There are a significant range of core and proactive functions and services delivered by Council that influence health and wellbeing. Continuing to protect, promote and improve public health going forward requires a combined effort from local, state and commonwealth governments, private and non-government providers and the community. It requires Council to better understand factors that influence population health and to work collaboratively for continuous improvement. An integral philosophy within the City of Charles Sturt is understanding the choices made across the organisation, in varying degrees, influence and impact the health and wellbeing of our community.

This plan is integral in continuing to build the system of Public Health Planning and reflects the status of Charles Sturt's current activities. The organisation is committed to continuously reviewing emerging public health risks, pressures and opportunities to support its community in enhancing population health into the future.

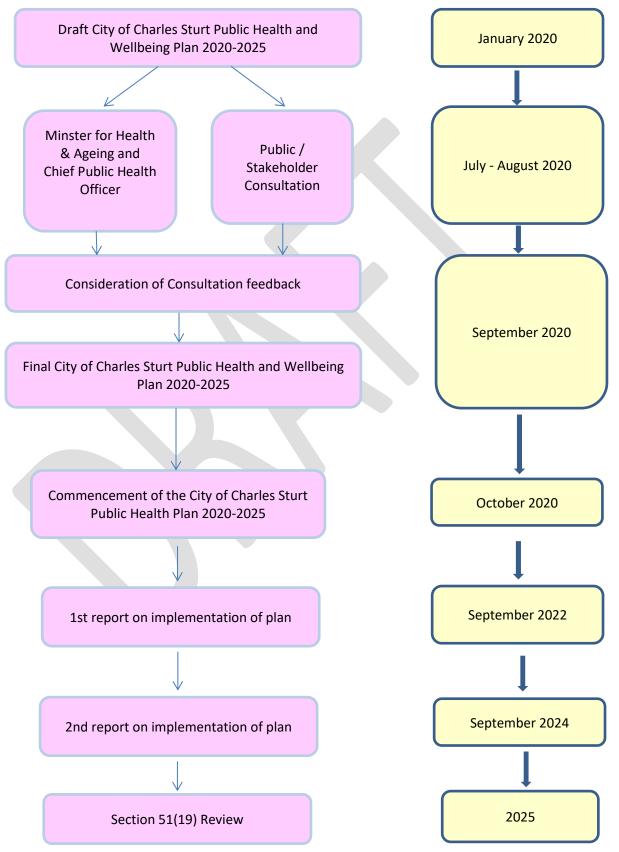
Next Steps

This Public Health and Wellbeing Plan 2020 – 2025 recognises that the range of City of Charles Sturt initiatives and corporate plans identified cover the requirements for public health planning as outlined in the State Public Health Plan. The existing principles of the Public Health Act 2011 and the strategic priorities of the State Public Health Plan are well aligned with long-term planning in Charles Sturt's Corporate Plan.

To fulfil legislative responsibilities, this plan will be routinely monitored and reviewed. It will also be reported on bi-annually and incorporated within relevant Business Plan actions.

Public Health Planning Governance

The diagram below illustrates the staged approach of this project from draft to completion. It includes reporting and review phases.



References and Data Sources

- 1. Dahlgren G and Whitehead M. Policies and Strategies to promote social equity in health. 1991, Institute of Future Studies: Stockholm
- 2. South Australian Public Health Act 2011 -<u>https://www.legislation.sa.gov.au/LZ/C/A/SOUTH%20AUSTRALIAN%20PUBLIC%20HE</u> <u>ALTH%20ACT%202011/CURRENT/2011.21.AUTH.PDF</u>
- 3. State Public Health Plan 2019 2024 https://www.sahealth.sa.gov.au/wps/wcm/connect/d18380e5-6792-4cdd-a193-08d80fd47df4/FINAL+State+public+Health+Plan+2019-2024.pdf?MOD=AJPERES&CACHEID=ROOTWORKSPACE-d18380e5-6792-4cdd-a193-08d80fd47df4-mMHLrvC
- 4. Community Profile https://www.communityprofile.com.au/charlessturt/population/age#!bar-chart;i=0
- 5. Population Health Profile of Local Government Areas http://atlasesaustralia.com.au/LGASA/LGA_PH_Act.html
- 6. City of Charles Sturt Population Health Profile http://www.atlasesaustralia.com.au/LGASA/Profiles/Charles Sturt.pdf